

What's new in the 2012 NHIS Child Complementary and Alternative Medicine (CAM) Supplement compared to 2007?

Survey questions were asked only of children ages 4-17 years.

CAM use

- New items:
 - Whether the child has ever used or has ever seen a practitioner or provider
 - Practitioner and provider visits in the past 12 months for self-care practices
 - Number of visits to a practitioner or provider
 - Distinguished between use of chiropractic and osteopathic therapies
 - Frequency of vitamins or minerals, herbal or non-vitamin supplements and homoeopathic medicine purchased
 - Whether the parents purchased a self-help book or other materials
- New CAM modalities asked about:
 - Craniosacral therapy
 - Type of traditional healer: Huesero, Machi, and Parchero
- Removed breathing exercises as separate therapy, but included it within other CAM modalities: hypnosis, biofeedback, meditation, guided imagery, progressive relaxation, yoga, tai chi, and qi gong
- Removed Zone and South Beach diets
- Expanded meditation to collect 3 types: mantra, mindfulness, and spiritual
- Limited questions on vitamins and minerals
- Expanded use of herbal or non-vitamin supplements to include detailed information about “combination herb pill” and “other”

Costs for each CAM modality

- Whether all or some of the costs were covered by health insurance
- Out-of-pocket costs for CAM practitioner/provider visits
- Costs paid for self-help book or materials purchased
- Costs paid for vitamins or minerals, herbal or non-vitamin supplements and homoeopathic treatment

Reasons for and benefits of CAM use for each of the 3 most important CAM modalities used in the past 12 months

- Questions about reasons for and benefits of use, such as:
 - To improve health and functioning
 - Motivation to healthy life-style
 - Recommended by someone
 - Relating to conventional medical treatment: too expensive, not working, side effects, combining both would help, etc.
 - Other reasons: desired characteristics of CAM, part of upbringing
- How much CAM helped as most important reason for using
- Modified list of health conditions that CAM was used for
- How much therapy helped with specific health problems
- Importance of use



Your Data ... Your Story

Data Resource Center for Child & Adolescent Health

A project of the Child and Adolescent Health Measurement Initiative

Type of health care providers, conventional medical care use and disclosure of CAM use

- A question about having a personal health care provider
- Type of personal health care provider and usual source of care: whether the personal health care provider is also the practitioner for complementary therapies that the child has seen
- Whether a chiropractor or osteopathic physician the child has seen is the child's personal health care provider
- Types of conventional medical care received for conditions which CAM was used for
- Disclosure of CAM use to personal care provider
- Reason for not disclosing CAM use
- Sources of information about CAM modality