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# **Child Complementary and Alternative Medicine (CAM) Supplement**

## 2012 National Health Interview Survey (NHIS)

## Guide to Topics & Questions Asked

The NHIS is a computer assisted personal household interview of all child and adult family members in selected households. Using a multi-stage area probability sampling design, the NHIS is conducted continuously through each year (since 1957). The 2012 NHIS consists of both a Core questionnaire and Supplements, including the Child CAM Supplement, which was also conducted in the 2007 NHIS. One child from each family is randomly selected to be the Sample Child (S.C.), and an adult knowledgeable about the child's health is administered the full Sample Child Core and Child CAM Supplement.

This guide describes the topics and questions asked in the 2012 NHIS Child CAM Supplement. Note that all questions are asked only of children age 4-17. Since the NHIS Child CAM Supplement can be linked to all other NHIS data files and to future year versions of the Medical Expenditures Panel Survey (MEPS), many other variables are possible to include in analyses of the Child CAM Supplement. Further information regarding this will be provided elsewhere on the Data Resource Center for Child and Adolescent Health website (www.childhealthdata.org).

\*Denotes that survey item is new to the 2011/12 NHIS Child CAM Supplement compared to the 2007.

### COMPLEMENTARY AND ALTERNATIVE MEDICINE (CAM) USE

**NOTE:** Question IDs (green) consist of two codes separated with "\_". For instance, for CCO\_USE, "CCO" refers to the *CAM modality code* (brown) of chiropractic or osteopathic manipulation and "USE" represents the *question code* asking "Has a child EVER used chiropractic or osteopathic manipulation". To complete the question ID, replace "XXX" with the CAM modality code (e.g. CCO\_ for chiropractic or osteopathic manipulation or \_NAH for Native American Healer or Medicine Man).

Abbreviation: S.C. – Sample child

**Practitioner-Based Therapies** 

- Has [S.C. name] EVER used any of these therapies for [his/her] health? (XXX\_USE)\*
  - 1. Chiropractor or osteopathic manipulation (CCO)
  - 2. Massage (CMS)
  - 3. Acupuncture (CAC)
  - 4. Energy Healing Therapy (CEH)
  - 5. Naturopathy (CNT)
  - 6. Hypnosis (CHY)
  - 7. Biofeedback (CBI)
  - 8. Ayurveda (CAY)
  - 9. Chelation (CCH)
  - 10. Craniosacral therapy (CCS)
  - o If YES: Has [S.C. name] EVER seen a provider or practitioner for [CAM modality]? (XXX\_EVER)\*
    - DURING THE PAST 12 MONTHS, did [S.C. name] see a practitioner for [CAM modality]? (XXX\_USEM)\*
      - If YES: go to "Modality specific questions" (if any) THEN/OR "Utilization, cost and insurance coverage for CAM modalities" section

If child ever used BUT never seen a practitioner or h	as not seen a practitioner in the past 12 months: DURING THE PAST
12 MONTHS, did [S.C. name] use [CAM modality]? (XXX_USM)	
Modality-specific questions	
If child has seen a practitioner in the past 12 months	:
Chiropractor or osteopathic manipulation	
<ul> <li>Which did [he/she] see, a chiropractor or an osteopathic physician? (CCO_TYPE)*</li> </ul>	
- If BOTH: Which practitioner did [S.C. name] see the most, a chiropractor or an osteopathic physician? (CCO_PMST)*	
- If CHIROPRACTOR: Was this the personal health c	are provider you mentioned earlier? (CCO_PHCP)*
Hypnosis	
<ul> <li>Did you know whether [S.C. name] does breathing exercises as part of hypnosis? (CHY_BRTH)*</li> </ul>	
Biofeedback	
Did [S.C. name] do breathing exercises as part of biof	eedback? (CBI_BRTH)*
Traditional Healers (CTR)	
□ Has [S.C. name] EVER seen any of these traditional healers? (	CTR_EVR)*
1. Native American Healer or Medicine Man (NAH)	2. Shaman <mark>(SHA)</mark>
3. Curandero, Machi or Parchero (CUR)	I. Yerbero or Hierbista (YER)
5. Sobador (SOB) 6	. Huesero (HUE)
Which ones? (CTR_EVR1)	
DURING THE PAST 12 MONTHS, did [S.C. name] see	the [traditional healer]? (CTRU_XXX)
- If YES to any: go to "Utilization, cost and insura	nce coverage for CAM modalities" section
Vitamin or mineral supplements (CVT)	
Has [S.C. name] EVER taken:	
a. Multi-vitamins or multi-minerals? (CVT_USE)*	
b. Vitamins A,B,C,D,E,H, or K, other than in a multi-vitamin or mineral? (CVT_ABEV)*	
c. Calcium, magnesium, iron, chromium, zinc, selenium, or potassium, other than in a multi-vitamin or mineral? (CVT_CAEV)*	
<ul> <li>DURING THE PAST 12 MONTHS, did [S.C. name] take:</li> </ul>	
a. multi-vitamins or multi-minerals? (CVT_USM)	
b. vitamins A,B,C,D,E,H, or K? (CVT_ABUM)	
c. calcium, magnesium, iron, chromium, zinc, selen	ium or potassium? (CVT_CAUM)
<ul> <li>If child has taken vitamins or minerals in the past 12 months:</li> </ul>	
	do you or another family member buy vitamins and minerals?
(CVT_BOFN CVT_BOFT) *	do you or another ranny member buy vitamins and minerals:
- About how much did you or another family m	ombor spond the last time? (CVT, CST1)*
Herbal or other non-vitamin supplements (CHB)	
Has [S.C. name] EVER taken any herbal or other non-vitamin	supplements listed on this card? (CHB_EVR)*
• DURING THE PAST 12 MONTHS, has [S.C. name] tak	en any herbal or other non-vitamin supplements listed on this card?
(CHB_USM)	
Please tell me which of these supplements [S.C. name] has taken DURING THE PAST 12 MONTHS? (CHB_LSTY)	
1) Combination herb pill	7) Ginseng
2) Acai (pills, gelcaps)	8) Glucosamine
<ol> <li>Bee Pollen and other Bee products</li> <li>Chandraitin</li> </ol>	<ul><li>9) Green tea pills (not brewed tea) or EGCG (pills)</li><li>10) Melataria</li></ul>
<ol> <li>Chondroitin</li> <li>Co-enzyme Q10 (CoQ10)</li> </ol>	10) Melatonin 11) Milk Thistle (silymarin)
6) Cranberry (pills or capsules)	12) MSM (Methylsulfonylmethane)

- 14) Echinacea
- 15) Fish Oil or omega 3 or DHA fatty acid or EPA fatty acid supplements
- 16) Garlic supplements (pills, gelcaps)
- 17) Ginkgo Biloba

- 18) **Probiotics or Prebiotics**
- 19) SAM-e
- 20) Saw Palmetto
- 21) Valerian
- 22) Other herbs or non-vitamin supplements

- - Did [S.C.] take any of these DURING THE PAST 30 DAYS? (CHB\_MON)

Which of these supplements has [S.C. name] taken DURING THE PAST 30 DAYS? If [he/she] took more than one herb in a single supplement, select "combination herb pill." (CHB\_LSTM)

- o If "combination herb pill" selected with/without other supplements listed above: How many different "combination herb pills" did [S.C name] take? (CHB\_CHPN)\*
  - If 1 "combination herb pill": Which herbs or other non-vitamin supplements are included in the combination herb pill? (CHB\_CHP1)\*
  - If 2 "combination herb pills": Which herbs or other non-vitamin supplements are included in the first/second combination herb pill? (CHB\_CHP1 CHB\_CHP2)\*
  - If >2 "combination herb pills": {Thinking of the two combination herb pills [he/she] took most often, what herbs or other non-vitamin supplements are included in the first/second combination herb pill?} (CHB CHP1 CHB CHP2)\*
- o If "other herbs or non-vitamin supplements" with/without supplements listed above not including "combination herb pills": How many of these other herbs or non-vitamin supplements has [S.C. name] taken in the past 30 days? (CHB\_MOTH)\*
  - If 1 "other herbs or non-vitamin supplements": Please give me the name of the other herb or other nonvitamin supplement [S.C. name] took in the past 30 days (CHB\_LU1)\*
  - If >=2 "other herbs or non-vitamin supplements": Please give me the names of the two most important herbs or other non-vitamin supplements [S.C. name] took in the past 30 days.} (CHB\_LU1 CHB\_LU2) \*
- If >2 supplements: Which TWO of these herbal supplements did [fill1: S.C. name] take the most in the PAST 30 DAYS? (CHB\_TP2)\*
- If child has taken any herbal or non-vitamin supplements in the past 12 months:
- About how many times per week, month, or year do you or another family member buy herbs or other non-vitamin supplements for {S.C. name}? (CHB\_BOFN CHB\_BOFT)\*
  - About how much did you or another family member spend the last time? (CHB\_CST1)\*
- Has [fill S.C. name] EVER seen a practitioner for herbs or other non-vitamin supplements (CHB\_EVR1)\*
  - DURING THE PAST 12 MONTHS, did [fill S.C. name] see a practitioner for herbs or other non-vitamin supplements? (CHB\_USE1)\*
    - If YES: go to "Utilization, cost and insurance coverage for CAM modalities" section

#### Homeopathic treatment (CHM)

- Has [S.C. name] EVER used homeopathic treatment for [his/her] health? (CHM\_USE)\*
  - DURING THE PAST 12 MONTHS, did [S.C. name] use homeopathic treatment for [his/her] health? (CHM\_USM)
    - About how many times per week, month, or year do you or another family member buy homeopathic medicine for {S.C. name}? (CHM\_OFTN CHM\_OFTT)\*
      - About how much did you or another family member spend the last time? (CHM\_COST)\*
    - Has [S.C. name] EVER seen a practitioner for homeopathic treatment (CHM\_EVER)\*
      - DURING THE PAST 12 MONTHS, did [S.C. name] see a practitioner for homeopathic treatment? (CHM\_USEM)\*
        - If YES: go to "Utilization, cost and insurance coverage for CAM modalities" section

#### Meditation, guided imagery, or progressive relaxation (CMB)

Has [S.C. name] EVER used meditation, guided imagery, or progressive relaxation? (CMB\_USE)\*

o Has [S.C. nar	ne] EVER used any of the following for health or treatment? (CMBE_XXX)*	
1. Mantra Meditation, including Transcendental Meditation®, Relaxation Response, and Clinically Standardized		
Medita	tion (MAN)	
2. Mindfu	Iness meditation, including Vipassana, Zen Buddhist meditation, Mindfulness-based Stress Reduction, and	
Mindfu	Iness-based Cognitive Therapy (MND)	
3. Spiritual meditation including Centering Prayer and Contemplative Meditation (SPR)		
4. Guided imagery (IMG)		
5. Progressive relaxation (PRO)		
<ul> <li>DURING THE PAST 12 MONTHS, did [S.C. name] use [CAM modality]? (CMBU_XXX)</li> </ul>		
If used >1: Which of these did [S.C. name] use the most? (CMB_MST1)*		
- Did	[S.C. name] do breathing exercises as part of [CAM modality]? (CMB_BRTH)*	
- DURING THE PAST 12 MONTHS, did [S.C. name] see a practitioner or take a class for [CAM modality]?		
(CMB_USEM)*		
-	If YES: go to "Utilization, cost and insurance coverage for CAM modalities" section	
Yoga, Tai Chi or Qi Gong (	YG)	
Has [S.C. name] EVE	R practiced any of the following? (CYGE_XXX)*	
1. Yoga <b>(YOG</b> )	2. Tai Chi (TAI) 3. Qi Gong (QIG)	
DURING TH	E PAST 12 MONTHS, did [S.C. name] practice [Yoga/Tai Chi/Qi Gong]? (CYGU_XXX)	
- Do you	know whether [S.C. name] did breathing exercises as part of the yoga (CYG_BTHY)/Tai Chi (CYG_BTHT)	
/Qi Gon	g? (CYG_BTHQ)*	
- Did [S.0	C. name] do meditation as part of Yoga (CYG_MEDY)/Tai Chi (CYG_MEDT)/Qi Gong? (CYG_MEDQ)*	
If child did	breathing exercise and/or meditation as part of yoga/tai chi/qi gong in the past 12 months:	
- DURING	G THE PAST 12 MONTHS, which exercise did [S.C. name] practice the most? (CYG_MOST)*	
- DURING	G THE PAST 12 MONTHS, did [S.C. name] take a [Yoga/Tai Chi/Qi Gong] class or in some way receive formal	
training	? Attending only one session does not count. (CYG_USEM)*	
-	If YES: go to "Utilization, cost and insurance coverage for CAM modalities" section	
Special diets (CDT)		
Has [S.C. name] EVE	R used any of the following special diets for two weeks or more for health reasons?*	
0	including Vegan (CDTE_VEG) 2. Macrobiotic (CDTEVER2) 3. Atkins (CDTEVER3)	
4. Pritikin (CD		
	E PAST 12 MONTHS, did [S.C. name] use a [specific diet] for two weeks or more for health reasons?	
(CDT_USM		
	C. name] use special diets for weight control or weight loss? (CDT_WGT1)	
	C. name] EVER seen a practitioner for special diets? (CDT_PRE)*	
- D	URING THE PAST 12 MONTHS, did [S.C. name] see a practitioner for special diets? (CDT_PRU)*	
-	If YES: go to "Utilization, cost and insurance coverage for CAM modalities" section	
Movement or exercise tech	• • • •	
	R practiced any of the following movement or exercise techniques? (CMVE_XXX)*	
1. Feldenkrais		
3. Pilates (PII		
• Has [S.C. name] EVER seen a practitioner or teacher for [movement or exercise technique]? CMVP_XXX)*		
	IG THE PAST 12 MONTHS, did [S.C. name] see a practitioner or teacher for [movement or exercise technique]?	
	_XXX)*	
	NO: DURING THE PAST 12 MONTHS, did [S.C. name] use [movement or exercise technique]? (CMVU_XXX)	
- If	YES: go to "Utilization, cost and insurance coverage for CAM modalities" section	

### UTILIZATION, COSTS AND INSURANCE COVERAGE FOR CAM MODALITIES

NOTE: To complete the question ID, replace "XXX" with a CAM modality code (e.g. CCO for chiropractic or osteopathic manipulation)

- If child has seen a practitioner/traditional healers/instructor or took class for the CAM modality in the past 12 months
  - Do you know the exact number of times [S.C. name] saw a practitioner/instructor for [CAM modality] in the past 12 months?
     (XXX\_PTIM)\*
    - If YES: How many times did [S.C. name] see a practitioner/instructor for [CAM modality]? (XXX\_TMNO)\*
    - If NO: ABOUT how many times did [S.C. name] see a practitioner/instructor for [CAM modality] (XXX \_TMCT)\*
  - DURING THE PAST 12 MONTHS, were any of the costs of seeing a practitioner/instructor for [CAM modality] covered by health insurance? (XXX\_HIC)\*
    - If YES: Was all of the cost or just some of the cost of [S.C. name]'s seeing a practitioner/instructor for [CAM modality] covered by health insurance? (XXX\_HICA)\*
    - If NONE OR SOME of cost was covered by health insurance: Do you know the total amount that was paid for [S.C. name] to see a practitioner/instructor for [CAM modality] in the past 12 months [not including the amount covered by insurance]? (XXX\_HIT)\*
      - If YES: What was the total amount? (XXX\_HITS)\*
      - If NO: Do you know the average amount that was paid for each visit in the past 12 months? (XXX\_AVGC)\*
        - If YES: On average, how much was paid out-of-pocket for each visit? (XXX\_AVGS)\*

### **REASONS FOR AND BENEFITS OF CAM USE**

- > If child has used or seen a practitioner/provider:
- DURING THE PAST 12 MONTHS, which THREE of these therapies were the most important for [S.C. name]'s health? (CAL\_TOP3)\*
  - 1. Chiropractic or Osteopathic Manipulation
  - 2. Massage
  - 3. Acupuncture
  - 4. Energy Healing Therapy
  - 5. Naturopathy
  - 6. Hypnosis
  - 7. Biofeedback
  - 8. Craniosacral therapy
  - 9. Traditional Healers
  - 10. [fill1: Herb 1 from CHB\_TP21]
  - 11. [fill2: Herb 2 from CHB\_TP22]
  - 12. Homeopathy
  - 13. [fill3: Mantra meditation/ Mindfulness meditation/ Spiritual meditation/Guided imagery/ Progressive relaxation from CMB
  - 14. [fill4: Yoga/Tai Chi/Qi Gong from CYG\_MOST]
  - 15. Special diets
  - 16. Movement or exercise techniques
- The following questions were asked for each of the three most important modalities
- Did [S.C. name] [see a practitioner for/use] [each of the three most important modalities] for any of these reasons?\*
  - a. For general wellness or general disease prevention CTP1REA1, CTP2REA1, CTP3REA1
  - b. To improve {his/her} energy CTP1REA2, CTP2REA2, CTP3REA2
  - c. To improve [his/her] immune function CTP1REA3, CTP2REA3, CTP3REA3
  - d. To improve [his/her] athletic or sports performance CTP1REA4, CTP2REA4, CTP3REA4
  - e. To improve [his/her] memory or concentration CTP1REA5, CTP2REA5, CTP3REA5
- Do you think [seeing a practitioner for/using] [each of the three most important modalities] motivated [S.C. name] to...\*
  - a. Eat healthier CTP1MOT1, CTP2MOT1, CTP2MOT1
  - b. Eat more organic foods CTP1MOT2, CTP2MOT2, CTP3MOT2
  - c. Exercise more regularly CTP1MOT3, CTP2MOT3, CTP3MOT3
- Do you think [seeing a practitioner for/using] [each of the three most important modalities] led to any of these outcomes?\*

- a. Give [him/her] a sense of control over [his/her] health CTP1OUT1, CTP2OUT1, CTP3OUT1
- b. Help to reduce [his/her] stress level or to relax CTP10UT2, CTP20UT2, CTP30UT2
- c. Help [him/her] to sleep better CTP1OUT3, CTP2OUT3, CTP3OUT3
- d. Make [him/her] feel better emotionally CTP1OUT4, CTP2OUT4, CTP3OUT4
- e. Make it easier for [him/her] to cope with health problems CTP1OUT5, CTP2OUT5, CTP3OUT5
- f. Improve [his/her] overall health and make [him/her] feel better CTP1OUT6, CTP2OUT6, CTP3OUT6
- g. Improve [his/her] relationships with others CTP1OUT7, CTP2OUT7, CTP3OUT7
- h. Improve [his/her] attendance at school CTP10UT8, CTP20UT8, CTP30UT8
  - If YES to more than one reason listed above: Of these reasons, which ONE was the most important for [S.C. name] [using/seeing] [each of the three most important modalities]?\* CTP1MOST, CTP2MOST, CTP3MOST
    - How much do you think [each of the three most important modalities] helped [S.C. name] [reason given in CTP1MOST CTP2MOST CTP3MOST questions]? Would you say a great deal, some, only a little, or not at all?\*
       CTP1HELP, CTP2HELP, CTP3HELP
- DURING THE PAST 12 MONTHS, did [fill S.C. name] [see a practitioner for/use] [each of the three most important modalities] for any of these reasons?\*
  - a. It is natural? CTP1RS6, CTP2RS6, CTP3RS6
  - b. It focuses on the whole person, mind, body, and spirit? CTP1RS7, CTP2RS7, CTP3RS7
  - c. It treats the cause and not just the symptoms? CTP1RS8, CTP2RS8, CTP3RS8
  - d. It was part of [his/her] upbringing? CTP1RS9, CTP2RS9, CTP3RS9
- Did [S.C. name] [see a practitioner for/use] [each of the three most important modalities] because it was recommended by any of the following people?\*
  - a. A medical doctor CTP1REC1, CTP2REC1, CTP3REC1
  - b. A family member CTP1REC2, CTP2REC2, CTP3REC2
  - c. A friend? CTP1REC3, CTP2REC3, CTP3REC3
  - d. A co-worker of yours or a co-worker of another family member? CTP1REC4, CTP2REC4, CTP3REC4
- DURING THE PAST 12 MONTHS, did [S.C. name] [see a practitioner for/use] [each of the three most important modalities] for one or more specific health problems, symptoms, or conditions? CTP1TRET, CTP2TRET, CTP3TRET
  - For what health problems, symptoms, or conditions did [S.C. name] [see a practitioner for/use] [each of top 3 modalities]?
     CTP1COND, CTP2COND, CTP3COND
    - 1) Abdominal pain
    - 2) Anemia
    - 3) Feeling anxious, nervous or worried
    - 4) Arthritis
    - 5) Asthma
    - 6) Attention Deficit Hyperactivity Disorder (ADHD)/Attention Deficit Disorder (ADD)
    - 7) Autism/Autism Spectrum Disorder
    - 8) Cerebral palsy
    - 9) Chickenpox
    - 10) High cholesterol\*
    - 11) Congenital heart disease
    - 12) Constipation
    - 26) Cystic fibrosis
    - 13) Depression
    - 14) Dental pain\*
    - 15) Diabetes
    - 16) Down syndrome
    - 17) Eczema or skin allergy
    - 18) Excessive sleepiness during the day\*
    - 19) Fatigue or lack of energy more than 3 days

- 13) Influenza or pneumonia
- 14) Insomnia or trouble sleeping
- 15) Joint pain or stiffness\*
- 16) Low back pain
- 17) Intellectual disability, also known as mental retardation
- 18) Menstrual problems
- 19) Migraine headaches
- 20) Muscular dystrophy
- 21) Nausea and/or vomiting
- 22) Neck pain
- 23) Chronic pain
- 24) Muscle or bone pain\*
- 25) Other developmental delay
- 28) Heart condition
- 29) Problems with being overweight
- 30) Non-migraine headaches
- 31) Respiratory allergy
- 32) Seizures
- 33) Sickle cell anemia
- 34) Sinusitis
- 35) Sore throat other than strep or tonsillitis

- 20) Fever more than 1 day
- 21) Food or digestive allergy
- Frequent or repeated diarrhea or colitis 22)
- 23) Gynecologic problem\*
- 24) Hay fever
- 25) Head or chest cold
- Hearing problem 26)

- 36) Sprain or strain\*
- 37) Strep throat or tonsillitis
- 38) Frequent stress
- 39) Stuttering or stammering
- 40) Three or more ear infections
- Vision Problems 41)
- 42) Other specify

- 27) Hypertension\*
  - If more than one condition: For which ONE of these did [S.C. name] [see a practitioner for/use] [each of the three most important modalities] the most?\* CTP1CMST, CTP2CMST, CTP3CMST
  - How much do you think [each of the three most important modalities] helped [S.C. name]'s [condition from CTP1CMST CTP2CMST CTP3CMST]? CTP1CHLP CTP2CHLP CTP3CHLP \*
  - $\geq$ If child used CAM for specific conditions and received some type of conventional care asked about to treat the condition: DURING THE PAST 12 MONTHS, did [S.C. name] [see a practitioner for/use] [each of the three most important modalities] for any of these reasons? \*
    - These medical treatments were too expensive? CTP1RS1, CTP2RS1, CTP3RS1 a.
    - b. [CAM modality] combined with these medical treatments would help? CTP1RS2, CTP2RS2, CTP3RS2
    - These medical treatments do not work for [his/her] health problems CTP1RS3, CTP2RS3, CTP3RS3 C.
    - d. [Prescription medications/Over the counter medications/Prescription or over-the-counter medications] cause side effects? CTP1RS4, CTP2RS4, CTP3RS4
    - e. [Self-care modality] Because it can be done without help from a specialist? CTP1RS5, CTP2RS5, CTP3RS5
- DURING THE PAST 12 MONTHS, how important do you think [S.C. name]'s use of [each of the three most important modalities] was in maintaining [his/her] health and well-being? Would you say very important, somewhat important, slightly important, or not at all important?\* CTP1IMP, CTP2IMP, CTP3IMP

## CONVENTIONAL MEDICAL CARE PROVIDER AND DISCLOSURE OF CAM USE

- If child has an usual place for health care (CUSUALPL=1 or 3 in Sample Child Core)  $\geq$
- Do you have one or more persons you think of as [S.C. name]'s personal health care provider? (CPROV1) .
  - What type of provider(s) is it? (CPROVTYP)\*
- Earlier you said [S.C. name] has a place where [he/she] usually goes when sick. What type of provider(s) does [he/she] see there? (CPRVUSPL)\*
- If usual source for routine care is different than usual source for sick care or have only place usually go for sick care (Sample Child) Earlier you said [fill S.C. name] has a place where [he/she] usually goes for routine care. What type of provider(s) does [he/she] see there? (CPRVUSPL)\*
- If child used the modality to treat specific condition(s), for each of the three most important modalities:  $\geq$ 
  - Did [S.C. name] receive any of the following medical treatments for [condition for CAM modality (each of the three most important modalities) used the most] [condition from CTP1CMST/ CTP2CMST/ CTP3CMST]? \*
    - Prescription medications CTP1MTR1, CTP2MTR1, CTP3MTR1 а.
    - b. Over-the-counter medications CTP1MTR2, CTP2MTR2, CTP3MTR2
    - Surgery CTP1MTR3, CTP2MTR3, CTP3MTR3 C.
    - d. Physical therapy CTP1MTR4, CTP2MTR4, CTP3MTR4
    - Mental health counseling CTP1MTR5, CTP2MTR5, CTP3MTR5 e.
- If child has a personal health care provider, for each of the three most important modalities :
  - [Not including the practitioner [S.C. name] saw for] [each of the three most important CAM modalities] DURING THE PAST 12 MONTHS, did you let [S.C. name]'s personal health care provider know about [his/her] use of [each of the three most important modalities]? CTP1DS1, CTP2DS1, CTP3DS1\*

- If NO: Why didn't you tell [S.C. name]'s personal health care provider about [his/her] use of [each of the three most important modalities]? [S.C. name] was not using it at the time? \*
- a. [S.C. name] was not using it at the time? CTP1DS2, CTP2DS2, CTP3DS2
- b. They discouraged use of it in the past? CTP1DS3, CTP2DS3, CTP3DS3
- c. You were worried they would discourage it? CTP1DS4, CTP2DS4, CTP3DS4
- d. You were concerned about a negative reaction? CTP1DS5, CTP2DS5, CTP3DS5
- e. You didn't think they needed to know? CTP1DS6, CTP2DS6, CTP3DS6
- f. They didn't ask? CTP1DS7, CTP2DS7, CTP3DS7
- g. You don't think they know as much about it as you do? CTP1DS8, CTP2DS8, CTP3DS8
- h. They didn't give you enough time to tell them? CTP1DS9, CTP2DS9, CTP3DS9

#### SOURCES OF INFORMATION

- 1. If child has seen a practitioner in the past 12 months (for all practitioner-based CAM except hypnosis and biofeedback) OR used in the past 12 months (for hypnosis, biofeedback) OR
  - 2. If child used in past 12 months for other CAM modalities:
  - DURING THE PAST 12 MONTHS, did you or another family member buy a self-help book or other materials such as a DVD, CD, or Video to learn about [S.C. name]'s use of [CAM modality]? (XXX\_MAT)\*
    - How much was paid for these materials? (XXX\_MATC)\*
- > For each of the three most important CAM modalities:
  - DURING THE PAST 12 MONTHS, did you or another family member get information about [each of the three most important modalities] from any of the following sources? \*
    - a. The Internet? CTP1INF1, CTP2INF1, CTP3INF1
    - b. Books, magazines, or newspapers? CTP1INF2, CTP2INF2, CTP3INF2
    - c. DVDs, videos, or CDs? CTP1INF3, CTP2INF3, CTP3INF3
    - d. Television or radio? CTP1INF4, CTP2INF4, CTP3INF4
    - e. Scientific articles? CTP1INF5, CTP2INF5, CTP3INF5
    - f. Health food stores? CTP1INF6, CTP2INF6, CTP3INF6